

# Adult Religious Education: Winter-Spring 2006

## The Unitarian Universalist Society in Stamford 20 Forest St., Stamford, CT

### **A Chosen Faith**

*Mondays, 7:30-9:00 pm, Jan. 2–Feb. 6, Conference Rm. 2*

Based on the popular introduction to Unitarian Universalism by John Buehrens and Forest Church, this discussion course is for newcomers and anyone else who would like to learn more about our unique faith.

### **Meditation**

*With the Rev. Ron Sala, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 6-7 pm, Jan. 11–June 14, Minister's Office*

A time of renewal and self-discovery. No previous meditation experience necessary.

### **The World's Religions**

*With the Rev. Ron Sala, Thursdays, 7:30-9:00 pm, Feb. 9–Apr. 6, Minister's Office*

The course is based on Huston Smith's classic, *The World's Religions* (formerly *The Religions of Man*). It will also feature guest appearances by members of local faith communities.

### **Four Movies in Search of Meaning in the 21<sup>st</sup> Century**

*With the Rev. Ron Sala, Tuesdays, 7:00-9:30 pm, May 9–30, Social Room*

Discussion will follow each movie. Films include *I Heart Huckabees*, *Closer*, *Sideways*, and *Garden State*.

## How do I register?

Three options:

1. Call the office at 203-348-0708.
2. Email the Rev. Ron Sala at [ron.sala@uuis.org](mailto:ron.sala@uuis.org)
3. Sign up on the "What We're Doing" bulletin board in the Social Room. Sign-up sheets will be posted a few weeks before the start of each course.

After signing up, you may be contacted with additional information, including how to obtain books, if necessary. Please specify if you would like to have childcare two weeks in advance.